



BOARD BREAKING

# TOURNAMENT DIRECTOR'S WELCOME LETTER



## 2023 U.S. TAEKWONDO FESTIVAL

#### **Greetings, Taekwondo Members!**

I would like to welcome everyone to the **2023 U.S. Taekwondo Festival Open Championship.** This prestigious Tournament will mark the beginning of this year's season with the finest in competition as well as refereeing for the Maryland State Taekwondo Association. This remarkable tournament is one of my favorites of the year since all proceeds from the tournament go directly to the United States Taekwondo Scholarship Foundation which supports Taekwondo practitioners.

On behalf of the Maryland State Taekwondo Association, it gives me great honor to announce this year's competition to mark the **29th Year Anniversary for the proclamation of Taekwondo Day in the City of Baltimore**. If it wasn't for COVID-19, **this year would actually mark the 32nd Annual Tournament Tradition for this event!** This also coincides with the celebration of the 18th Taekwondo Day marked by the World Taekwondo Federation as it is now internationally recognized.

We will have two categories of Black Belt divisions in 12-14, 15-17, and 17-32: World Class and Open Sparring. Daedo scoring will be available for Black Belt World Class divisions in 12-14, 15-17, and 17-32 divisions and Open Sparring division with Daedo Trigger Scoring and all other age categories. Daedo Gen2 socks are required and will be available for purchase on site with our official equipment vendor. We are proud to announce that we will be holding Family, Pairs & Team Forms events, as well!

Remember, Taekwondo competition is an essential part of martial arts training. Competition allows you to put your individual skills to the test against another individual of similar experience and level. But keep in mind, Taekwondo competition is ultimately a learning experience. And with every experience in life, you gain knowledge, strength, courage, and confidence. Through your experience at the U.S. Taekwondo Festival, you will become a better Taekwondo student overall.

"It's not whether you get knocked down; it's whether you get up." -Vince Lombardi

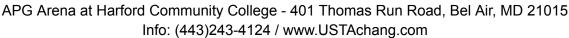
Hope to see you all on Saturday, October 14th at APG Arena at Harford Community College – 401 Thomas Run Road, Bel Air, Maryland 21015! Keep practicing and good luck!

Sincerely,

Senior Master Yong Seong CJ Chang



#### Saturday, October 14, 2023





#### **COMPETITION FEES**

**Event Options**: Daedo PSS Sparring; Regular Trigger Sparring; Traditional Poomsae; Sport Poomsae; Family Forms; Pairs Forms; Team Forms; 3-Station Board Breaking.

PRE-REGISTRATION BY SEPTEMBER 30, 2023: \$100 for one or two events, +\$20/each additional event.

REGISTRATION AFTER OCTOBER 1, 2023 OR ON-SITE: \$120 for one or two events, \$+20/each additional event.

<u>Mail-in Registration will be accepted but MUST BE POSTMARKED by 9/30/23</u>. Credit Card (VISA/MC/DISCOVER) payment is only accepted for Mail-in Registration. *There will be a +\$10 processing fee incurred for all CC transactions*. Cash, Cashiers Checks, Money Orders made payable to US TAEKWONDO, or Pre-Approved School Checks will be accepted for Mail-in Registration. **NO PERSONAL CHECKS ACCEPTED**.

ON-SITE REGISTRATION WILL BE AVAILABLE! Credit Card Payments and Personal Checks will NOT be accepted on-site. ONLY CASH, CASHIERS CHECK, MONEY ORDERS MADE PAYABLE TO US TAEKWONDO, OR PRE-APPROVED SCHOOL CHECKS ACCEPTED ON-SITE.

**SCHEDULE** 

;	8:00 - 8:30am	On-Site Registration & Pre-Registration pick-up for all 12 & up					
:	8:00 - 8:45am	Weigh-in FOR 12 & UP BLACK BELT SPARRING ONLY *Mandatory for 12-14, 15-17 & 17-32.					
;	8:00am	Mandatory Referee Meeting					
;	8:45am	Report Time for ALL DAEDO BLACK BELT Competitors					
	9:00am	Report Time for ALL DIVISIONS 12 & up					
	10:30 - 11:00am	On-Site Registration & Pre-Registration pick-up for all 11 & under					
	11:30 - 12:00pm	Lunch					
	12:00 - 1:00pm	Opening Ceremony & Tag Team Sparring					
	1:00pm	Competition begins for Family/Pairs/Team Forms & ALL DIVISIONS 11 & under					
GENERAL ADMISSION	S10 CASH ONLY (Children 4 & Linder / 65 & Over are ERFE)						
COACH PASS	Pre-Registration by September 30: \$30 Registration after October 1 OR On-Site Registration: \$50 Applications will be available for coaches to register on-site. 1 FREE Coach Pass for 10+ competitors.						
COMPETITION RULES	The current modified USAT & modified WT competition rules will govern this championship.						
MANDATORY GEAR	All sparring competitors must wear: white, red or blue helmet (colored helmet must match chest protector color); red and blue reversible chest protector; forearm guard; shin & instep guard; groin cup (worn inside for males; optional for females); and mouth guard. <b>Each competitor must provide their own equipment.</b> Some equipment will be sold at the tournament. 12-14, 15-17 & 17-32 World Class Black Belt divisions must provide their own Gen2 Daedo socks.						
AWARDS	Beautiful trophies will be awarded to: 1st, 2nd, and 3rd place Forms and Breaking winners; and 1st, 2nd, and two 3rd place Sparring winners.						
HOTEL	Holiday Inn Belcamp –	1326 Policy Drive, Belcamp, MD 21017 / (410)272-1806					



Saturday, October 14, 2023

APG Arena at Harford Community College - 401 Thomas Run Road, Bel Air, MD 21015 Info: (443)243-4124 / www.USTAchang.com

Mail To:

2023 Taekwondo Festival
1101 Many Lane
Bel Air, MD 21014

MUST BE POSTMARKED NO LATER THAN
9/30/23 FOR PRE-REGISTRATION

COMPETITOR ENTRY FORM  Please Print Legibly						
Competitor's Last Name:		First Name:		Mid	dle Name:	
Street Address:						
City:	State:		Zip C	ode:		
Home Phone:	Cell Pho	ne:	Email	l:		
Approximate Weight (lbs):	Birth Da	te: MM / DD / YY	Age:		Sex: Male Female	
I AM ENTER	RING IN TH	E FOLLOWING EVENT	ΓS:		PRE-REGISTRATION RATES BY 9/30/23:	
☐ TRADITIONAL POOMSAE (FORMS) ☐ SPORT POOMSAE (SPORT FORMS) ☐ FAMILY FORMS ☐ PAIRS FORMS ☐ TEAM FORMS					• \$100 for one or two events • + \$20 for each additional event  REGISTRATION RATES AFTER 10/1/23: • \$120 for one or two events • + \$20 for each additional event	
YOUR CURRENT RANK:		YC	OUR TAEKWON	NDO S	CHOOL INFO:	
<ul> <li>WHITE / YELLOW / ORANGE</li> <li>GREEN</li> <li>BLUE / PURPLE</li> <li>BROWN / RED</li> <li>BLACK BELT (Dan/Degree Rank:</li> </ul>	)	Name of School:  TKD School Address:  TKD School Phone #:				
(Pai		IPETITOR'S ACKNOW an must complete if competito		nd young	ver)	
I have read, understood, signed and attac	ched to this fo	rm the Liability Waiver forn	n. The above info	rmation	is true to the best of my knowledge.	
Athlete Signature / Parent	or Guardian (	(Print and Sign)			Date (MM / DD / YY)	
		PAYMENT INFORMAT	ΓΙΟΝ			
You may *Credit Card Payment is only application for Pre-Re **NO CREDIT CARD PAYMENT ACCEPTED ON	egistration MAIL-	ashier's Check, Money Orders ma IN Only. We accept VISA/MC/DIS ATION. NO PERSONAL CHECK	SCOVÉR. All Credit (	Card trans	sactions will incur a +\$10 transaction fee.	
Credit Card Number w/ Security Code:			Expiration	Date:		
Signature:		Amount:				
Cash Amount:	Cas	shier's Check Amount:			Money Order Amount:	

# WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OR RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

- In consideration of your acceptance of my participation or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against the 2023 U.S. Taekwondo Festival Tournament, Grand Master Se Yong Chang, Master Joseph Pirczhalski III, Master Yong Seong Chang, Unites States Taekwondo Scholarship Foundation, APG Arena at Harford Community College, Chang's Martial Arts, Inc. d/b/a U.S. Taekwondo Academy and for this martial arts function, its organizing committee, and all members of this martial arts function, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners, and lesser of premises on which the martial arts function takes place, assignees and against any student for any and all damages which may be sustained by me or the minor child, in connection with me or entry in the above stated function, or which may arise out of traveling to, participating in, and returning from this martial arts function. I understand that all entry fees are nonrefundable.
- I understand the nature of Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this martial arts function. I understand that Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the martial arts function.
- I understand that the competition rules are based on the rules of the USAT and WT. I agree to all
  the tournament competition rules and understand that any pictures taken of me in connection
  with the 2023 US Taekwondo Festival Championships may be used by the organizer for publicity
  or promotion without compensation.
- I have read this agreement, fully understand its terms, understand that I or the minor child have
  given up substantial rights by signing it and have signed it freely and without any inducement or
  assurance of any nature and intend it to be a complete and unconditional release of all liability to
  the greatest extent allowed by the law and agree that if any portion of this agreement is held to
  be invalid that the balance, notwithstanding, shall continue in full force and effect.

Participant's Printed Name:	Participant's Signature:	Date:
Parent/Guardian's Printed Name:	Parent/Guardian's Signature:	Date:





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COACH APPLICATION FORM  Please Print Legibly							
Coach's Last Name:	First Name:	Middle Nan	ne:				
Street Address:							
City:	State:	Zip Code:					
Home Phone:	Cell Phone:	Email:					
USAT Coach Level:	Birth Date: MM / DD / YY	Age:	Sex: Male Female				
WHAT BLACK BELT RANK ARE YOU?							
		6th Dan 7th Dan 8th Dan 9th Dan					
	YOUR TAEKWONDO SCH	OOL INFO:					
	Ins						
TKD School Address:							
COACH'S ACKNOWLEDGEMENT  I have read, understood, signed and attached to this form the Code of Conduct and Liability Waiver form.  The above information is true to the best of my knowledge.							
Coach's Signature /	Parent or Guardian (Print and Sign)		Pate (MM / DD / YY)				
	OFFICIAL USE (COMPLETED BY OF	FICIAL EVENT STAFF)					
☐ Code of Conduct☐ Waiver & Release of Liability,	Assumption of Risk & Parental Consent & In	demnity Agreement					
☐ Cash ☐ Money Order / Cashier's Ch	· 1 OR On-Site Registration: \$50	ED***					
Event Staff Verifying Form Print Name:	Sign:		Official Stamp:				

# WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OR RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

- In consideration of your acceptance of my entry or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against the 2023 U.S. Taekwondo Festival Tournament, Grand Master Se Yong Chang, Master Joseph Pirczhalski III, Master Yong Seong Chang, Grand Master John Holloway, Master Chien Vuong, this athletic meet, its organizing committee, United States Taekwondo Scholarship Foundation, the World Taekwondo Federation, APG Arena at Harford Community College, Chang's Martial Arts, Inc. d/b/a U.S. Taekwondo Academy and all members of this athletic meet for this martial arts function, its organizing committee, and all members of this martial arts function, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners, and lesser of premises on which the martial arts function takes place, assignees and against any student for any and all damages which may be sustained by me or the minor child, in connection with me or entry in the above stated function, or which may arise out of traveling to, participating in, and returning from this martial arts function. I understand that all entry fees are nonrefundable.
- I understand the nature of Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this martial arts function. I understand that Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the martial arts function.
- I understand that the competition rules are based on the rules of the USAT and WT. I agree to all
  the tournament competition rules and understand that any pictures taken of me in connection
  with the 2023 US Taekwondo Festival Championships may be used by the organizer for publicity
  or promotion without compensation.
- I have read this agreement, fully understand its terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

Participant's Printed Name:	Participant's Signature:	Date:
Parent/Guardian's Printed Name:	Parent/Guardian's Signature:	Date:





## Saturday, October 14, 2023





#### **POOMSAE**

#### ALL TAEKWONDO FORMS WILL BE ALLOWED.

Rank (Kub)	10 - 9	8 - 7	6 - 5	4 - 3	2 - 1	Poom-Dan: 1 - 2 - 3
Belt Colors	White / Yellow / Orange		Green	Blue / Purple	Red / Brown	Black
Poomsae: Taeguk / Palgwae / Chang Hon / Pyung Ahn / etc.	Basic Form / Taeguk 1 or 2		3 or 4	5 or 6	7 or 8	Koryo, Keumgang, Taebaek, etc.

**TRADITIONAL:** Poomsae competitors must perform only the Poomsae designated for their specific rank. ALL Taekwondo poomsaes will be allowed. Scores will be based on: proper order, beauty, grace, rhythm, accuracy, power, technique and attitude. Poomsae will be a bracket competition like Sparring.

**SPORT POOMSAE:** Sport Poomsae will only be available in 10 & older black belt divisions. Competitors in these age categories will have a choice to compete in Sport Poomsae or Traditional Poomsae. Competitors **CANNOT** compete in both forms events. Designated forms are as follows:

FEMALE INDIVIDUAL	Youth 10-11	Cadet 12-14	Junior 15-17	Under 30 18-30	Under 40 31-40	Under 50 41-50	Under 60 51-60	Under 65 61-65	Over 65 66+
PRELIMINARY	Taeguk 7	Taeguk 7	Taeguk 6	Koryo	Pyongwon	Koryo	Jitae	Shipjin	Shipjin
SEMI FINAL	Taeguk 5	Keumgang	Taeguk 7	Shipjin	Koryo	Keumgang	Chonkwon	Jitae	Chonkwon
FINAL	Taeguk 2	Taeguk 5	Keumgang	Taeguk 7	Keumgang	Chonkwon	Koryo	Chonkwon	Pyongwon
FINAL	Taeguk 8	Taeguk 8	Taebaek	Keumgang	Taeguk 8	Shipjin	Shipjin	Pyongwon	Hansu

MALE INDIVIDUAL	Youth 10-11	Cadet 12-14	Junior 15-17	Under 30 18-30	Under 40 31-40	Under 50 41-50	Under 60 51-60	Under 65 61-65	Over 65 66+
PRELIMINARY	Taeguk 3	Taeguk 6	Taeguk 8	Taebaek	Taeguk 6	Koryo	Koryo	Jitae	Koryo
SEMI FINAL	Taeguk 6	Koryo	Taeguk 7	Taeguk 8	Taeguk 8	Shipjin	Hansu	Pyongwon	Chonkwon
FINIAL	Taeguk 5	Taeguk 4	Koryo	Koryo	Taeguk 7	Pyongwon	Pyongwon	Taebaek	Hansu
FINAL	Taeguk 8	Keumgang	Taeguk 5	Taeguk 6	Koryo	Jitae	Shipjin	Keumgang	Taebaek

Any division with 20-69 competitors begins in the Preliminary round.

Any division with 9-19 competitors begins in the Semi Final round.

Any division with 8 or fewer competitors begins in the Final round.

FAMILY FORMS: 2 or more competitors in the immediate family only. No cousins. Any forms can be chosen to compete. Score cards will be used to score.

**TEAM FORMS:** 3 or more competitors in the same belt groups. Co-ed in permitted. Score cards will be used to score.

#### **KYUK-PA (BREAKING)**

## 3 STATION TRADITIONAL BOARD BREAKING:

- ★ Competitors must provide their own boards and holders.
- ★ Only Pine Boards will be allowed. NQ bricks, cinder blocks, fruit or anything besides pine boards.
- ★ Competitors can choose the kind of techniques and number of boards to break.
- ★ The maximum number of stations is 3 with 1-3 kicking techniques per station.
- ★ The maximum set-up time is 1 minute.
- ★ The maximum time to complete the performance is 1 minute.
- ★ The maximum number of tries is 2 times.
- ★ The performance must be done within the regulation ring size.

Boards will be available for purchase at the venue.



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#### **SPARRING**

#### **SPARRING COMPETITION RULES:**

AGE	RULES
11 & under	<ul> <li>→ USAT / WT Modified rules</li> <li>→ No Head Contact for all belts except Black Belts ages 8-11</li> <li>→ Junior Safety rules for Black Belts ages 8-11</li> </ul>
12 - 14	<ul> <li>→ USAT / WT Modified rules</li> <li>→ Junior Safety rules for All Belts</li> </ul>
15 - 17	<ul> <li>→ USAT / WT Modified rules</li> <li>→ Junior Safety Rules for Color Belts</li> <li>→ Senior Rules for Black Belts</li> </ul>
17 & up	<ul> <li>→ USAT / WT Modified rules</li> <li>→ Senior Rules for All Belts</li> </ul>

#### **IMPORTANT:**

#### AGES (12 - 32) BLACK BELT SPARRING DIVISIONS ONLY:

- ★ Weigh-ins are required ONLY FOR BLACK BELTS COMPETING IN THE 12-14, 15-17 & 17-32 YEAR OLD SPARRING DIVISIONS. Weigh-ins will take place on Saturday, October 14 at the venue between 8:00 8:45am. Competitors will be allowed two opportunities to stand on the scale. If an athlete does not make weight on the 2nd attempt, the competitor will be moved up/down to the next weight division.
- ★ We will have two categories of Black Belt divisions in the 12-14, 15-17 & 17-32: World Class Sparring and Open Sparring. Daedo scoring will be available for Black Belt World Class divisions in the 12-14, 15-17 & 17-32 divisions and Regular Trigger Scoring will be available for Open Sparring and all other age categories. Daedo Gen2 socks will be available for purchase on site.

#### ALL COLOR BELT DIVISIONS; BLACK BELT DIVISIONS (11 & UNDER); BLACK BELT DIVISIONS (33 & UP):

- ★ There will be **NO** weigh-in for All Color Belt divisions, Black Belt divisions (11 & under), or Black Belt divisions (33 & up). You must enter your correct weight during your registration. If there seems to be purposeful falsifying of weight information, you will risk disqualification. Competitors unable to meet the weight division listed during registration will not be allowed to compete and be disqualified. *Competitors will not be moved up or down divisions after falsification.*
- ★ If there are less than four athletes in a weight division, the organizing committee may combine weight divisions.
- ★ Athletes ages 15-17 SPARRING ONLY may compete in their own division or an older age division of their respective weight.
- ★ Athletes ages 33 & up SPARRING ONLY have the option to compete in their own division or the 17-32 year old division for their respective weight.



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#### **CHECK YOUR EVENT INFORMATION**

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Traditional Poo	msae (Forms) - Available to	All Ages:		Sport P	oomsae	(Forms) - Black Belts Only:
AGE:	Green Belt Division Blue / Purple Belt Div	White / Yellow / Orange Belt Division			10-11 12-14 15-17 18-30	RANK:  Black Belt Division  GENDER:
☐ 15-17 ☐ 17-32 ☐ 33 & up				31-39 40-49 50-59	Male Female	
Team Poomsae	(Forms) - Minimum 3 Persor	n Teams:		Family	Poomsa	e (Forms) - All Ages:
RANK:  White / Yellow / Orange Green Belt Division  There are no age divisions as teammates can team up with 3 competitors per team minimum of the same color.  RANK:  White / Yellow / Orange Blue / Purple Belt Division  Brown / Red Belt Division  Black Belt Division  GENDER:		ision	AGE: There are divisions a parents ar siblings ca up with 2 competitor family min		as and/or can team cors per	RANK:  No rank division.  GENDER:  No gender division.
Pairs Poomsae	Board	Brea	only. No		ıl 3 Stations:	
		, <u> </u>			1	
AGE: There are no age divisions as	RANK:  No rank division.	AGE:	8-9	under		White / Yellow / Orange Belt Division Green Belt Division
teammates can team up with 2 competitors of the same color.	<b>GENDER:</b> One male & one female.		] 10-1 ] 12-1 ] 15-1	4 7	☐ Blue / Purple Belt Division☐ Brown / Red Belt Division☐ Black Belt Division	
	he same color. One male & one lemale.		] 17-3 ] 33 8			<b>R:</b> Male Female

TURN PAGE OVER FOR SPARRING DIVISIONS



## Saturday, October 14, 2023





## **CHECK YOUR EVENT INFORMATION**

Open Trigger Spar	ring - Ava	nilable to All Ages:	Daedo Sparring - Black	Belts 17-32:
AGE:	C   C   C   C   C   C   C   C   C   C	White / Yellow / Orange Belt Division Green Belt Division Blue / Purple Belt Division Brown / Red Belt Division Black Belt Division  : Male Female	MEN'S WEIGHT:    Fin/Fly	WOMEN'S WEIGHT:  Fin/Fly 0 - 108.0 lbs Bantam/Feather 108.1 - 125.7 lbs Light/Welter 125.8 - 147.7 lbs Middle/Heavy 147.8 - 999.9 lbs
aedo Sparring - E	Black Belt	12-14:	Daedo Sparring - Black	Belt 15-17:
MEN'S WEIGHT:  Fin 0 - 72.8 lb  Fly 72.9 - 81.6  Bantam 81.7  Feather 90.5  Light 99.3 - 10  Welter 108.1  Light Middle 116.9 - 125.7  Middle 125.8  Light Heavy 134.5 - 143.3  Heavy 143.4	6 lbs - 90.4 lbs - 99.2 lbs 08.0 lbs - 116.8 lbs lbs - 134.4 lbs	WOMEN'S WEIGHT:	MEN'S WEIGHT:  Fin 0 - 99.2 lbs  Fly 99.3 - 105.8 lbs  Bantam  105.9 - 112.4 lbs  Feather  112.5 - 121.3 lbs  Light  121.4 - 130.1 lbs  Welter  130.2 - 138.9 lbs  Light Middle  139.0 - 149.9 lbs  Middle  150.0 - 160.9 lbs  Light Heavy  161.0 - 172.0 lbs  Heavy  172.1 - 999.9 lbs	WOMEN'S WEIGHT:

\*ALL DIVISIONS ARE SUBJECT TO CHANGE\*